

*Lucia*

LUCIAWINEBAR.CO.UK

📷 LUCIARESTAURANTS

V SUITABLE FOR VEGETARIANS / VG SUITABLE FOR VEGANS

All prices include VAT at the current rate.

An optional 10% service charge will be added to your bill.

All gratuities go to the team.

Please always inform your server of any allergies or intolerances before placing your order.

Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens, including nuts and traces.

Some of our fish & meat products may contain bones

Detailed information on the legal allergens is available on request.

*Lucia*  
GLUTEN  
FREE  
MENU

FREE GLUTEN FREE GLUTEN FREE GLUTEN FREE GLUTEN FREE GLUTEN FREE GLUTEN FREE GLUTEN



## STUZZI

MARINATED OLIVES vG 5

## ANTIPASTO

TOMATO BRUSCHETTA vG 8  
*Heritage tomatoes, basil & garlic finished with extra virgin olive oil & gluten free bread*

MUSHROOM BRUSCHETTA vG 8.5  
*Served with cherry tomatoes, wilted spinach, aged balsamic & gluten free bread*

HOUMOUS WITH HARISSA PEPPER 9  
*With marinated mixed olives & gluten free bread*

SALMON GRAVLAX 12.5  
*Crispy pavé potatoes & chive mascarpone*

CHICKEN WINGS 11.5  
*Choice of:  
- 'Nduja & hot honey  
- Lemon herb butter & aged Parmesan*

ITALIAN MEATBALLS 12  
*Spicy tomato sauce, Parmesan cheese with gluten free bread*

## INSALATA

GRILLED HALLOUMI SALAD v 15.95  
*Courgette, red peppers, beetroot, orange, padrón pepper, chicory, spinach & houmous, drizzled with lemon dressing  
- Add chicken breast +4.5*

## CONTORO

SKIN-ON SEASONED CHIPS vG 5

ROCKET & PARMESAN SALAD v 5

FRESH HOUSE SALAD v 5

CREAMY PARMESAN MASHED POTATO v 5

TRUFFLE & PARMESAN CHIPS v 6

MARINATED GARLIC MUSHROOMS 5.5

POTATO & LEEK SOUP 9  
*House-cured crispy Prosciutto, aged Parmesan with gluten free bread*

CRISPY PORK BELLY 11.5  
*Creamy canellini bean purée, smoked pancetta, tomato & 'nduja sauce*

KING PRAWNS 12.5  
*Chilli, garlic, lemon & butter sauce with gluten free bread*

WILD FOREST MUSHROOMS v 11.5  
*In a creamy truffle sauce with gluten free bread*

STEAMED MUSSELS 12  
*Gluten free bread  
Choice of:  
- White wine, garlic & cream  
- Spicy tomato*

CAESAR SALAD 12.5  
*Gluten free croutons, romaine lettuce, soft boiled egg, aged Parmesan  
Add chicken breast +4.5  
Add streaky bacon +2.5*

ROASTED BABY POTATOES WITH GARLIC & WILTED SPINACH v 5.5

TENDERSTEM BROCCOLI WITH CHILLI & GARLIC v 6

SAUTÉED HISPI CABBAGE, BLACK KALE SMOKED PANCETTA, GARDEN PEAS 5.5

BAKED DAUPHINOISE POTATOES 5.5

## PASTA & RISOTTO

LINGUINE BOLOGNESE 15  
*Original Bologna recipe with slow cooked beef ragu & gluten free pasta*

PACCHERI ARRABIATA v 14.5  
*Aromatic tomato sauce, chilli, fresh basil, stracciatella creamy cheese with gluten free pasta  
Add chicken +3.5  
Add spicy Italian sausage +3.5*

PACCHERI PANCETTA 17  
*Red pepper & almond sauce, crispy smoked pancetta, stracciatella creamy cheese & house-cured crispy prosciutto*

PENNE PUTTANESCA 14.5  
*Aubergine, cherry tomatoes, olives & capers in a chilli & garlic tomato sauce*

BEEF FILLET & BAKED GNOCCHI 18  
*Strips of beef fillet, foraged mushrooms, spicy tomato & cream sauce, Scamorza, Parmesan*

LINGUINE CARBONARA 16.5  
*Gluten free pasta with cream, eggs, pancetta, grana padano & black pepper*

SEAFOOD LINGUINE 20  
*King prawns, mussels, calamari, cherry tomatoes, capers, samphire, chilli, lemon & butter sauce with gluten free pasta*

WILD MUSHROOM RISOTTO v 16  
*Wild foraged mushrooms, creamy risotto, shaved Parmesan, rocket  
Add truffle oil +2  
Add crispy pancetta +2.5  
Add chicken +3.5*

RISOTTO PESCATORE 20.5  
*King prawns, mussels, salmon, calamari, lemon & saffron risotto*

PULLED BEEF, ASPARAGUS & PEA RISOTTO 18.5  
*Pulled shin of beef, slow-cooked in an aromatic sauce with asparagus & pea risotto & parsnip crisps*

GRILLED ARTICHOKE & SAFFRON RISOTTO 15.95  
*Served with artichoke hearts, roasted red pepper & petit pois*

## PESCE & CARNE

FREE RANGE BRITISH CHICKEN BREAST 21  
*Charred sweet potato, anchovy croutons & grilled asparagus in a creamy Parmesan sauce*

FILLET STEAK (250G) 38  
*Skin-on chips & peppercorn sauce*

RIBEYE STEAK (300G) 34  
*Skin-on chips & peppercorn sauce*

PAN ROASTED PORK BELLY 19.5  
*Creamy mashed potatoes, pancetta & sauteed savoy cabbage topped with spiced apple purée in a red wine sauce*

BRAISED BEEF 24  
*Creamy mashed potato, parsnip crisps & sautéed black kale*

PAN-FRIED SEA BASS FILLETS 23  
*Saffron risotto, petit pois, rocket, Parmesan*

MARINATED CHICKEN, MUSHROOMS, PANCETTA SKEWER 19.5  
*Porcini mushroom sauce, skin-on chips, Parmesan & rocket*

HAND PRESSED BEEF BURGER 18.5  
*Two aged beef patties, cheddar cheese, gluten free bun, salad, signature burger sauce, skin-on chips*

CHICKEN BREAST BURGER 18  
*Herb marinated chicken, gluten free bun, salad, signature burger sauce, skin-on chips*

EXTRAS  
Add cheddar cheese +1.5  
Add smoked streaky bacon +2.5

